



Derbyshire Scouts

Sailing Active Support Unit



Kit List

Kit List: - Dinghy sailing can be a wet activity so you will need the following:

[Please note our instructors for the session may decide based upon the weather conditions and boats that we are using that wetsuits are required. This is particularly likely for the course sessions. We have plenty to borrow. If you would like to use your own please bring it.]

- T-Shirt / Polo shirt etc
- Thin fleece or Jumper – two if it looks cold (hoodies aren't good – they soak up loads of water)
- Trousers (thin joggers/activity trousers/ leggings are good – jeans of course aren't). Shorts if it's warm.
 - If you have a wetsuit instead of all the above - fine
- Swimming costume to wear underneath.
- Waterproof top – Even if you have a wetsuit
- Waterproof trousers (essential if you don't have a wetsuit – still a good idea if you do)
- Sun hat (can help if it's a bright evening)
- Warm Hat (in case it's not)
- Light footwear that will get wet (Trainers aren't ideal as they take a long time to dry – canvas pumps are good, Crocs and closed toe sandals are fine so long as they have strap around the heel to keep them on – no flip flops).
- If you have “wet boots” they are obviously ideal, we have a number of wet shoes that can be borrowed, however generally only larger sizes.
- Towel
- Dry clothes to go home in if you get wet!!

PLEASE TURN UP DRESSED READY TO SAIL.

There are changing rooms to use after sailing if we have got wet, on some nights these will be very busy with members, so please turn up changed, such that we only need to use the changing rooms if we get wet.

The changing rooms are used by other people, who may not all be as honest as you, so don't bring any valuables with you.

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