

## KINDER WALK RISK ASSESSMENT Reviewed April 2022

On entry all competitors confirm that they have read the "Walkers' Handbook" which is available on the website or by request. This gives a comprehensive overview of the walk detailing the rules, route, team equipment, personal clothing & equipment.

Hazard	Who might be harmed?	Control measure	Review actions
Weather - pre start	Competitors and staff	1. A "Start Committee" consisting of:- - County Commissioner or nominee - Member from The Kinder Organising Committee - Mountain Rescue Team Leader or nominee Meet prior to the 1st team leaving to review the weather forecast and any other relevant information. They will decide whether the event can continue and/or any special arrangements are required.	
Weather - sudden changes and extremes during event	Competitors and staff	1. All competitors agree to carry or wear appropriate equipment to cope with severe weather conditions, as specified in the competitors handbook. 2. All staff are familiar with their duties, wear appropriate clothing and have the necessary equipment. 3. Ability to communicate with checkpoints to halt the walk. 4. Strategic safety cover by Derby Mountain Rescue Team throughout the event.	
Road Walking	Competitors and staff	1. Competitors advised in the Handbook to walk with care on roads. 2. Signs on the route warning motorists that competitors are on the road.	
Walking in the dark	Competitors and staff	1. This should not occur, but in an emergency, all competitors carry torches as laid out in the Handbook	
Walking on moorland	Competitors and staff	1. Competitors are given full details of route prior to event in the Competitors Information Handbook. 2. Competitors advised to train properly for the event. 3. All Checkpoints report the times of teams passing their CP to Central Control which monitors the location of all teams on a computer system. 4. Strategic safety cover by Derby Mountain Rescue Team throughout the event. 5. Mobile phones carried by all teams pre programmed with central Control number. 6. Mobile phones carried by all teams pre programmed with App what 3 Words as a location	
Injuries, medical problems and Hypothermia	Competitors and staff	1. First Aid kits held at each Checkpoint, Kinder checkpoints to have tent and bothy 2. Strategic safety cover by Derby Mountain Rescue Team throughout the event, team members are first aid trained and have specialist first aid and rescue equipment. 3. Mountain Rescue Team Doctor available throughout the event in person or by phone.  4. All teams carry first aid equipment. 5. Personal & team equipment specified in the Handbook. 6. Each team carries a sleeping bag, bothy* (*Challenge walk is not compulsive) and each individual carries a Bivvy Bag. 7. All equipment checked by Safety Inspection Team prior to the walk. 8. Roving Safety Inspectors carry out spot checks during the walk as appropriate. 9. Checkpoints all have minimum the Scouting 'First Response Plus' or 'First Aid at Work'	
Exhaustion	Competitors and staff	1. Relatively short distances between each Checkpoint. 2. Shelter available at Checkpoints.	

Hazard	Who might be harmed?	Control measure	Review actions
		3. Hot / cold drinks and food available at Key Checkpoints. 4. Transport available to take competitors who drop out to the Finish.	
<b>Loss of way by team</b>	<b>Competitors and staff</b>	1. The Central Control system monitors Team progress.- Any discrepancies are clarified with Check Point staff. Any overdue teams are referred by Central Control to the Roving Safety Inspectors and/or the Mountain Rescue Team as appropriate. 2. Extensive knowledge of area by the Mountain Rescue Team and Kinder Walk committee members. 3. Checkpoints have a rigorous checking in procedure. All competitors have to leave a "route card" at each Checkpoint where staff note time of arrival. This provides a permanent record of those who have gone through each Checkpoint. 4. Checkpoint staff report regularly to Central Control the passage of teams. 5. One Checkpoint is always open behind the last team until all teams have cleared the next one. 6. All competitors are issued with a "dog tag" that they wear around their neck. This must be handed in at the finish. This indicates all competitors have finished and are safe. Any missing "dog tags" are investigated. 7. All competitors carry a Map and Compass . 8. Mobile phones carried by all teams pre programmed with central Control number. 9. Mobile phones carried by all teams pre programmed with App what 3 Words as a 10. Teams unable to be contacted by phone call will be sent a text from Central control advising them Mountain Rescue has been called and advising them to text a Grid reference or What 3 Words with their location when they get this message.	
<b>Any emergency requiring evacuation of buildings</b>	<b>Competitors and staff</b>	1. Record of all those using buildings for overnight accommodation maintained with emergency contact details. 2. Nominated person responsible for each building. 3. Public Buildings to have signs and procedures adequately displayed.	
<b>Food Contamination</b>	<b>Competitors and staff</b>	1. Catering carried out by food experienced person	
<b>Loss of communications</b>	<b>Competitors and staff</b>	1. Mobile phones available at Checkpoints with adequate battery. 2. Standby inverters/generators for phone and computer systems at Chapel. 3. Emergency mobile phone number at Central Control in case of landline failure. 4. Mountain Rescue Team have their own independent radio network.	
<b>Protection of young people</b>	<b>Scouts &amp; Guides under 18 years of age</b>	"Young People First" Yellow card issued to staff & Checkpoint leaders. Committee & Checkpoint members undertaken Safeguarding training	
<b>General unwellness</b>	<b>Competitors and Staff</b>	Competitor who has had any acute illness (e.g., Tonsillitis, Influenza, Chest infection, etc.) in the four weeks prior to the event should consult a doctor before competing, Staff should take medical advice before attending	